

## Studio III Clinical Services (part of the Studio III Group)

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We work with and support clients with learning disabilities, autism, acquired brain injury, young people with emotional and behavioural difficulties in mainstream and special needs education and older adults

Studio III Clinical Services  
Registered in England No. 3930458

## Studio III Clinical Services

Providing client centred support to :

- Organisations working with adults and young people with severely challenging behaviour
- Clients who find their own behaviour difficult to manage
- Clients with a wide range of other complex needs

## Studio III Training Systems

Providing non-aversive training in :

- Management of Challenging Behaviour (BILD Accredited)
- One , Two and Three day courses
- Developing and implementing crisis management plans
- Sexuality and relationships
- Autism awareness
- Child protection
- Adult protection

# STUDIO III

Studio III Clinical Services  
Specialist Services

## Sexual Abuse & Sexualised Behaviours



*Support for people of all ages who have abused or been abused or who have sexualised behaviours and for their carers and families*

*“Supporting People Changing Lives”*

## Sexual Abuse & Sexualised Behaviours

Sexual abuse affects both those who are abused and those who abuse. Other family or group members can also be profoundly affected by abuse. Often abusers have themselves been abused and hence a cycle of abuse is established, which can be perpetuated from generation to generation, unless successful intervention is made.

People involved with sexual abuse often experience other complex difficulties relating to their experiences including lack of self worth, depression, suicidal tendencies, self injurious behaviour, sexualised behaviours, drug and substance abuse and eating disorders.

A multi-disciplinary team approach with the individual helps to ensure that a total picture of their complex needs is formed. This in turn informs the development of strategies individualised to their specific needs, to help and support the individual.

### About Studio III

Studio III Clinical Services is a highly experienced multi-disciplinary organisation, operating throughout the UK and Ireland, with specialist consultants in psychology (clinical, educational and forensic), psychiatry, education, psychotherapy and behavioural management

## Studio III Support to Individuals and Carers

Our specialists have many years experience of helping people who have experienced abuse and have a track record of successfully managing and helping to improve the lives of the individuals concerned. They use academically validated, person centred, behaviour management strategies focusing on the avoidance of confrontation and the use of consistent, risk assessed planned interventions. The approaches focus not only on behaviour change but also on successful behaviour management and developing staff confidence.

The outcomes of Studio III work with abused people include reduction in placement breakdown, improvement in quality of life, qualifying risk and reduced threat to others. Added to this the support given to carers reduces the stress inherent in their roles and helps them be more affective in dealing with the needs of the individuals in their care.

Our clinical staff are supported by a team of advisors specialising in nursing and mental health, learning disabilities, autism, acquired brain injury together with young people experiencing emotional and behavioural difficulties, in mainstream and special needs education.

We work in many different settings including : residential care homes, day care provision, supported living and other community based schemes.

## How Can Studio III Help ?

Studio III offer a range of individual services aimed at helping people who have been abused or who have abused, those with inappropriate sexualised behaviours and the people entrusted with their care and welfare. The services aim to help break the cycle of abuse and help individuals come to terms with their experiences and to positively move forward in their lives to fulfill their future potential.

### The various elements of support available include:

- Assessments for individuals affected
- One to one work and counselling with people both individually and within group settings
- Developing care plans, interventions and therapies specifically geared to the individual
- Monitoring and evaluation of the effectiveness of care plans
- Follow up reports and ongoing assessments
- Liaison with outside agencies and professionals
- Staff support and training to help empower carers to manage those in their care
- One-to-one or group work with staff traumatised by their experiences

*“Supporting People Changing Lives”*